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(FOR LADIES)

Approved by AICTE, New Delhi (F.No.06/07/MS/PHARMA/2004/047, DTE.Mumbai (2/NGC/2004/342)
Government of Maharashtra No. TEM/2004(235/04) TE-1, Pharmacy Council of India (32-347/2012-PCI),
Permanently affiliated to Savitribai Phule Pune University, ID No. PU/PN/Pharmacy/200/2004

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Prof. Dr. S. N. Dhole M. Pharm., Ph. D. Principal PARENT SOCIETY :- PROGRESSIVE EDUCATION SOCIETY

Prof. Dr. G. R. Ekbote, (M.S., M.N.A.M.S.) Chairman, Business Council P.E. Society, Pune

Women Empowerment

6 Dimensions of Development



We empower our students with quality education and provide knowledge to face the challenges ahead with courage, confidence and happiness. The College train the students towards academic excellence and all-round development. The College focus on following dimensions to empower girls.

1. Health and Wellness:

Under the umbrella of women's health, providing gymnasium and sports facilities for girls is essential for promoting physical activity and fitness. Regular exercise improves physical health and mental well-being by reducing stress and boosting mood.

A cafeteria offering clean and hygienic food is crucial for ensuring proper nutrition. Clean washrooms exclusively for girls provide privacy and sanitation during menstruation and other



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personal hygiene needs. Sanitary pad vending and disposal machines offer convenient access to menstrual hygiene products and ensure proper disposal of used sanitary pads.

First aid boxes placed in laboratories and girls' common rooms ensure prompt medical assistance in case of any injuries or health emergencies

Celebrating International Yoga Day was a cherished tradition aimed at promoting women's health holistically, fostering physical strength, mental clarity, and emotional balance through the practice of yoga.

Awareness lectures on anti-addiction played a pivotal role in addressing substance abuse issues and raising awareness about the adverse effects of addiction.

Lectures on hygiene during menstruation are vital for educating girls about menstrual health and hygiene practices. Proper menstrual hygiene management reduces the risk of infections and ensures comfort and dignity during menstruation.

COVID vaccination drive "Mission Yuvaswasthya" was organized with the utmost priority placed on safeguarding women's health against infectious diseases like COVID-19, ensuring access to essential healthcare services and protecting them from potential health threats.

Lectures on the "Importance of Healthy Diet" by Sarika Satav served as enlightening sessions, offering valuable insights into the significance of balanced nutrition for women's health.

"Poshan Pakhwada" orchestrated by NSS volunteers was dedicated to promoting nutrition awareness and combating malnutrition among women.

NSS volunteers organized a Hemoglobin (Hb) check-up drive in collaboration with Moshi Government Hospital promoting awareness about the importance of maintaining healthy hemoglobin levels for overall well-being.

Webinars on Women's Health by Bhargavi Bade were instrumental in disseminating knowledge on various aspects of women's health, covering topics ranging from reproductive health to mental well-being and a guest lecture on "Prevention of Cervical Cancer" by Mr. Jignesh Patel empowering women with the information they need to prioritize their health.

Mental health-related counseling sessions, including personal and group counseling, provided women with invaluable support and guidance in managing stress, anxiety, and other mental health challenges, fostering resilience and promoting overall mental well-being.



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2. Personality Development:

Personality development initiatives, such as guest lectures and workshops organized by the College, were designed to emphasize assertive communication, enabling women to express their thoughts and ideas effectively.

Moreover, these programs focused on developing leadership skills, fostering critical thinking, and improving decision-making abilities, empowering women to drive positive change and overcome obstacles.

Additionally, the curriculum, including subjects like communication skills for First Year B. Pharm., contributed to this holistic approach by encouraging adaptability, resilience, and enhancing networking abilities. These skills were essential for effective problem-solving and career advancement, enabling women to utilize their connections for professional growth and community engagement.

In addition annual guest lectures on interview skills and involvement in managing activities like NSS and street plays, as well as organizing events such as the annual gathering, played a significant role in enhancing women's personality, confidence, and skills. A guest lecture titled "Be the Best Version of You" by Mrs. Savari Khedkar, Clinical Psychologist, and "Positive way of Thinking and Character Building" by Dr. Preeti Joseph Victor was part of these initiatives, contributing to the overall development of women.

3. Legal and Ethical Awareness:

Legal awareness is crucial for women as it empowers them to seek justice. The College organized awareness lectures on legal rights are instrumental in this regard, informing women about their rights and available resources, aiding informed decisions in education, career, and health matters. Introducing the roles and functions of committees like the anti-ragging committee, women's cell, internal complaint committee, and anti-sexual harassment committee during the induction program establishes a secure and confident atmosphere on campus, which is benefiting students.

Moreover, legal and ethical awareness challenges stereotypes and gender roles, driving societal change. Street plays on "Beti Bachao Beti Padhao" based on gender equity, supported by the



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college, raise awareness and encourage reporting, significantly contributing to violence prevention.

Additionally, guest lectures by experts like Adv. Aditi Johrapurkar on women-specific laws and Cyber Security awareness further enhance legal awareness. Pharmaceutical Jurisprudence in B. Pharm programs covers professional ethics, laws, and regulations. Institutional animal ethics committees and Regulatory Affairs and Audits elaborate on ethics, laws related to animal experimentation, and regulatory compliance, fostering a culture of ethical responsibility and compliance with laws and regulations in professional practice.

4. Social Responsibility:

The College students, particularly young women, have emerged as dynamic contributors to community welfare through active engagement in the National Service Scheme (NSS). Their commitment to social responsibility is evident through initiatives such as cleanliness drives and tree plantation, reflecting dedication to hygienic surroundings and environmental sustainability. These students actively spread awareness about pollution, organizing campaigns and workshops to educate communities on its detrimental impacts. Road safety awareness programs aim to reduce accidents and promote responsible behavior. Initiatives for social responsibilities include street paly to save the girl child and awareness regarding nutrition and its importance by performing street play, survey related to waste management practices followed by villagers, awareness program on environment conservation by Mr. Prashant Avchat, a drawing competition for primary school students on the topic of 'Mazi Vasundhara', pranayam and yogasan practice session for Ladies at Moi village, 'Mahilanche Arogya Prabodhan' Program was conducted at camp site, specifically by Dr. Bhargavi Bade regarding health issues of women, Aushadhe ghetana ghyaychi Kalji' a informative session, basic health checkup of school awareness about personal hygiene and community dialogues challenging stereotypes.

Additionally, the college girls played a significant role in public health advocacy, participating in polio vaccination programs and conducting street plays addressing various social issues. Their holistic commitment to community well-being encompasses education, health, environment, and social welfare, fostering a sense of responsibility, empathy, and leadership.



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This transformative impact extends beyond immediate positive outcomes, contributing to a holistic college experience and societal change.

5. Skill Development

Promoting skill development for girls is pivotal in the realm of women's empowerment, offering them the tools and knowledge to surmount challenges, explore opportunities, and contribute significantly to society. Beyond individual growth, enhanced skills improve employability, translating into better job prospects and career advancement.

The linkage between skill acquisition and educational attainment is emphasized, motivating girls to pursue higher education. Skill development programs serve as catalysts for educational aspirations, establishing a direct connection between education, skills, and career opportunities. Entrepreneurial spirit is nurtured through skill development, inspiring girls to initiate and manage businesses. This not only promotes self-employment but also contributes to job creation within the community.

Mentorship programs connecting girls with successful women provide inspiration and guidance, shaping their educational and career journeys.

A variety of skill development courses, including clinical research, clinical data management, medical coding, medical writing, pharmacovigilance, regulatory affairs, interview skills, etc., are offered through MoU with institutes such as Ingenious Healthcare, RACE Academy, and Elite Pharma. Students received certificate courses after successful completion of the courses. These institutes also provided placement also. Additionally, various in-house add-on courses are available to students.

6. Empowerment through Education:

The college provides a comprehensive range of educational opportunities from diploma to Ph.D. level, all under one roof, specifically catering to girls. This commitment to offering diverse academic pathways serves as a powerful tool for women's empowerment. The courses offered include a Diploma in Pharmacy with an intake of 60 students, Bachelor of Pharmacy with 100



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intake, Master of Pharmacy in Pharmaceutics with 15 intake, Master of Pharmacy in Pharmaceutical Quality Assurance with 15 intake, Pharm D with 30 intake and Ph.D. programs. The focus on promoting girls for research is evident through various initiatives. The college facilitates guidance from experts across different fields, fosters industrial interactions to enhance practical knowledge, and offers financial assistance for research endeavors. Additionally, the college ensures the provision of infrastructure and facilities essential for conducting high-quality research. By providing such comprehensive support, the college empowers girls to excel in their academic pursuits and make significant contributions to the field of pharmaceutical sciences.



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(For Ladies)
Borhadewadi, At/Pest-Moshi,
Tal.- Haveli, Dist. Pune- 412 105